

SUN	MON	TUE	WED	THUR	FRI	SAT
				9:00 AM Walking Group (CY) 9:30 AM Fall Door Signs (WEC) 10:30 AM Grey Matters Brain Games: Wordle (WEC) 11:15 AM Rummikub (Barstro Market) 12:30 PM Visit from Therapy Dog Sydney 1:00 PM Chair Line Dancing (CF) 1:30 PM Dancing with the Stars Watch Party (BT) 2:00 PM Group Puzzles (AC) 3:00 PM Bible Study with Pastor Adam (D) 4:00 PM Social Hour (B) 8:00 PM Midsomer Murders(Ch.4)	8:45 AM Fall Stroll at Centennial Park*** 10:00 AM Grey Matters Brain Game: Bananagrams (AC) 10:45 AM Chair Yoga with PJ (CF) 11:15 AM Communion with Cathedral of the Incarnation (DK) 11:15 AM 3rd & Lindsley-Weekly Radio Show*** 1:00 PM Mahjong (DK) 3:00 PM Group Crosswords (AC) 3:30 PM Club Bingo (D) 4:00 PM Social Hour (B)	10:00 AM Group Crosswords (AC) 10:45 AM Body Balance and Strength with PJ (CF) 11:00 AM Board Games-Sequence, Boggle, Sorry, Yahtzee, etc. (AC) 1:00 PM Open Studio: Canvas Paintings, Air Dry Clay, etc (WEC) 1:00 PM Rummikub (Barstro Market) 2:00 PM Good News of the Week (WEC) 2:30 PM College Football Saturdays! (BT) 3:00 PM Hallway Bowling (2nd Fl. Hall-AC)
9:30 AM Sunday Service on TV+ Ch. 4 (Ch. 4) 10:00 AM Tai Chi on TV+ (Ch. 4) 10:30 AM Shopping at Target*** 12:00 PM Football Sundays Tailgate in Belmont Theater (BT) 3:00 PM Clarendale Men's Group (D) 5:30 PM Christ Church Episcopal Cathedral on Broadway*** 7:00 PM Grand Ole Opry Show on TV+ (Ch. 4)	10:00 AM Shopping at Publix*** 10:30 AM Tech Time with Molly (AC) 11:00 AM Flower Arranging (WEC) 1:00 PM Bridge Club (Barstro Market) 1:00 PM Mahjong (DK) 1:00 PM Visit from Therapy Dog Shooter 2:00 PM Duck Bingo (WEC) 2:00 PM Life+ Launch Party and Health and Wellness Fair 3:00 PM Tai Chi with Peter (CF) 4:00 PM Social Hour (B) 5:00 PM Sip & Share (D)	9:30 AM Painting Series: Pumpkins and Gourds (WEC) 10:30 AM Grey Matters Brain Games: Wordle (WEC) 10:45 AM Chair Yoga with PJ (CF) 11:00 AM Activities Committee (D) 12:30 PM Hand and Foot Canasta (DK) 1:00 PM Gentle Barre Flow (CF) 2:00 PM Tea Time with Tiffany (M) 3:00 PM Grey Matters Brain Games: Group Crosswords (AC) 3:30 PM Club Bingo (D) 4:00 PM Social Hour (B) 4:15 PM Trivia Tuesdays (B) 8:00 PM Midsomer Murders (Ch.4)	9:30 AM Gardening Club (CY) 10:00 AM Shopping at Green Hills Kroger*** 10:00 AM Show and Tell with Harpeth Hall Middle School (D) 11:00 AM Kroger Health Vaccine Clinic (DK) 11:00 AM Philosophy Discussion with Dr. Mackenzie Groff: Laughter, Friendship, & the Good Life (AC) 1:00 PM Body Balance & Strength with PJ (CF) 1:00 PM Series Watch Party: Yellowstone (BT) 2:00 PM Uno - No Mercy Edition (B) 3:00 PM Clarendale Women's Group: TED Talk and Discussion-The Unstoppable Power of Letting Go (D) 4:00 PM Wine Down Wednesday: Presented by Music for Seniors	9:00 AM Walking Group (CY) 9:30 AM Painting Series: Pumpkins and Gourds (WEC) 10:30 AM Grey Matters Brain Games: Wordle (WEC) 11:15 AM Rummikub (Barstro Market) 12:30 PM Visit from Therapy Dog Sydney 1:00 PM Chair Line Dancing (D) 1:30 PM Dancing with the Stars Watch Party (BT) 2:00 PM Group Puzzles (AC) 3:00 PM Bible Study with Pastor Adam (D) 4:00 PM Social Hour (B) 8:00 PM Midsomer Murders (Ch.4)	10:00 AM Grey Matters Brain Game: Bananagrams (AC) 10:45 AM Chair Yoga with PJ (CF) 11:15 AM Communion with Cathedral of the Incarnation (DK) 11:15 AM Library Outing*** 1:00 PM Mahjong (DK) 3:00 PM Group Crosswords (AC) 3:30 PM Club Bingo (D) 4:00 PM Social Hour (B) 6:30 PM Outdoor Movie Series: Bull Durham (CY)	10:00 AM Group Crosswords (AC) 10:45 AM Body Balance and Strength with PJ (CF) 11:00 AM Board Games-Sequence, Boggle, Sorry, Yahtzee, etc. (AC) 1:00 PM Open Studio: Canvas Paintings, Air Dry Clay, etc (WEC) 1:00 PM Rummikub (Barstro Market) 2:00 PM Good News of the Week (WEC) 2:30 PM College Football Saturdays! (BT) 3:00 PM Hallway Bowling (2nd Fl. Hall-AC)
9:30 AM Sunday Service on TV+ Ch. 4 (Ch. 4) 10:00 AM Tai Chi on TV+ (Ch. 4) 10:30 AM Shopping at Walmart*** 12:00 PM Football Sundays Tailgate in Belmont Theater (BT) 3:00 PM Clarendale Men's Group (D) 5:30 PM Christ Church Episcopal Cathedral on Broadway*** 7:00 PM Grand Ole Opry Show on TV+ (Ch. 4)	Indigenous Peoples' Day 10:00 AM Shopping at Publix*** 10:30 AM Tech Time with Molly (AC) 11:00 AM Flower Arranging (WEC) 12:00 PM Bavarian Bierhaus: Oktoberfest Lunch Outing*** 1:00 PM Bridge Club (Barstro Market) 1:00 PM Mahjong (DK) 1:00 PM Visit from Therapy Dog Shooter 2:00 PM Duck Bingo (WEC) 3:00 PM Tai Chi with Peter (CF) 4:00 PM Social Hour (B)	9:00 AM Voting for State and Federal General Election (D) 9:30 AM Fall Greeting Card Making (WEC) 10:30 AM Grey Matters Brain Games: Wordle (WEC) 10:45 AM Chair Yoga with PJ (CF) 11:00 AM Resident Council (PDR) 12:30 PM Hand and Foot Canasta (DK) 1:00 PM Gentle Barre Flow (CF) 2:00 PM Tea Time with Tiffany (M) 3:00 PM Grey Matters Brain Games: Group Crosswords (AC) 3:30 PM Club Bingo (D) 4:00 PM Social Hour (B) 8:00 PM Midsomer Murders (Ch.4)	9:30 AM Gardening Club (CY) 10:00 AM Shopping at Green Hills Kroger*** 10:30 AM Grey Matters Brain Games: Bananagrams (AC) 11:00 AM How To Use Your Resident App (D) 1:00 PM Body Balance & Strength with PJ (CF) 1:00 PM Series Watch Party: Yellowstone (BT) 2:00 PM Sequence (B) 3:00 PM Clarendale Women's Group: Wedding Day Memories (DK) 4:00 PM Wine Down Wednesday: Presented by Music for Seniors	9:00 AM Walking Group (CY) 9:30 AM Embroidery (WEC) 10:30 AM Grey Matters Brain Games: Wordle (WEC) 11:15 AM Rummikub (Barstro Market) 12:30 PM Visit from Therapy Dog Sydney 1:00 PM Chair Line Dancing (CF) 1:30 PM Dancing with the Stars Watch Party (BT) 2:00 PM Group Puzzles (AC) 3:00 PM Bible Study with Pastor Adam (D) 4:00 PM Social Hour (B) 8:00 PM Midsomer Murders (Ch.4)	10:00 AM Grey Matters Brain Game: Bananagrams (AC) 10:15 AM Music for Seniors Concert: The WannaBeatles*** 10:45 AM Chair Yoga with PJ (CF) 11:15 AM Communion with Cathedral of the Incarnation (DK) 1:00 PM Mahjong (DK) 3:00 PM Group Crosswords (AC) 3:30 PM Club Bingo (D) 4:00 PM Social Hour (B) 4:30 PM Shabbat with Jewish Family Services (DK)	10:00 AM Group Crosswords (AC) 10:45 AM Body Balance and Strength with PJ (CF) 11:00 AM Board Games-Sequence, Boggle, Sorry, Yahtzee, etc. (AC) 1:00 PM Open Studio: Canvas Paintings, Air Dry Clay, etc (WEC) 1:00 PM Rummikub (Barstro Market) 2:00 PM Good News of the Week (WEC) 2:30 PM College Football Saturdays! (BT) 3:00 PM Hallway Bowling (2nd Fl. Hall-AC)



Calendar Legend:

AC: Acklen Corner (fl. 2)

B: Barstro (fl. 1)

BT: Belmont Theater (fl. 3)

CFS: Commodore Fitness Strength (fl. 1)

CF: Core Fitness (fl.2)

CY: Courtyard (fl. 1)

D: Davidson (fl. 5)

DK: Davidson Kitchen (fl. 5)

L: Lobby (fl. L)

MS: Magnolia Suites (fl.1)

M: Mockingbird Dining (fl. 1)

PDR: Private Dining Room (fl.1)

P: Peabody Dining (fl. 1)

T: 3rd floor Terrace(fl. 3)

WEC: West End Creative (fl. 2)

WD:Welcome Desk (fl. L)

Blue: Outing

Pink: Committee Meeting

*****:**Sign-up Required

SUN	MON	TUE	WED	THUR	FRI	SAT
9:30 AM Sunday Service on TV+ Ch. 4 (Ch. 4) 10:00 AM Tai Chi on TV+ (Ch. 4) 10:30 AM Shopping at Target*** 12:00 PM Football Sundays Tailgate in Belmont Theater (BT) 3:00 PM Clarendale Men's Group (D) 5:30 PM Christ Church Episcopal Cathedral on Broadway*** 7:00 PM Grand Ole Opry Show on TV+ (Ch. 4)	10:00 AM Shopping at Publix*** 10:30 AM Tech Time with Molly (AC) 11:00 AM Flower Arranging (WEC) 1:00 PM Bridge Club (Barstro Market) 1:00 PM Mahjong (DK) 1:00 PM Visit from Therapy Dog Shooter 2:00 PM Duck Bingo (WEC) 3:00 PM Tai Chi with Peter (CF) 4:00 PM Social Hour (B) 5:00 PM Sip & Share (D)	9:30 AM DIY Air Dry Clay Ghost Garland (WEC) 10:30 AM Grey Matters Brain Games: Wordle (WEC) 10:45 AM Chair Yoga with PJ (CF) 11:00 AM Welcoming Committee (D) 12:30 PM Hand and Foot Canasta (DK) 1:00 PM Gentle Barre Flow (CF) 2:00 PM Tea Time with Tiffany (M) 3:00 PM Grey Matters Brain Games: Group Crosswords (AC) 3:30 PM Club Bingo (D) 4:00 PM Social Hour (B) 4:15 PM Trivia Tuesdays (B) 8:00 PM Midsomer Murders	9:30 AM Gardening Club (CY) 10:00 AM Shopping at Green Hills Kroger*** 10:30 AM Grey Matters Brain Games: Bananagrams (AC) 11:00 AM New Resident Orientation (D) 12:00 PM Webinar by Senior Provisions: Medicare Updates (D) 1:00 PM Body Balance & Strength with PJ (CF) 1:00 PM Series Watch Party: Yellowstone (BT) 2:00 PM Uno - No Mercy Edition (B) 3:00 PM Clarendale Women's Group: Can Do Clinic Breads and Pies with Ruth Ann (D) 4:00 PM Wine Down Wednesday: Josh Willcutts	9:00 AM Walking Group (CY) 9:30 AM Finish DIY Air Dry Clay Ghost Garland (WEC) 10:30 AM Grey Matters Brain Games: Wordle (WEC) 11:15 AM Rummikub (Barstro Market) 12:30 PM Visit from Therapy Dog Sydney 1:00 PM Chair Line Dancing (CF) 1:30 PM Dancing with the Stars Watch Party (BT) 2:00 PM Group Puzzles (AC) 3:00 PM Bible Study with Pastor Adam (D) 4:00 PM Social Hour (B) 8:00 PM Midsomer Murders (Ch. 4)	10:00 AM Grey Matters Brain Game: Bananagrams (AC) 10:45 AM Chair Yoga with PJ (CF) 11:15 AM Communion with Cathedral of the Incarnation (DK) 1:00 PM Mahjong (DK) 1:00 PM Clarendale West End's Fall Music Fest (CY) 3:00 PM Group Crosswords (AC) 3:30 PM Club Bingo (D) 4:00 PM Social Hour (B)	10:00 AM Group Crosswords (AC) 10:45 AM Body Balance and Strength with PJ (CF) 11:00 AM Board Games-Sequence, Boggle, Sorry, Yahtzee, etc. (AC) 1:00 PM Open Studio: Canvas Paintings, Air Dry Clay, etc (WEC) 1:00 PM Rummikub (Barstro Market) 2:00 PM Good News of the Week (WEC) 2:30 PM College Football Saturdays! (BT) 3:00 PM Hallway Bowling (2nd Fl. Hall-AC)
9:30 AM Sunday Service on TV+ Ch. 4 (Ch. 4) 10:00 AM Tai Chi on TV+ (Ch. 4) 10:30 AM Shopping at Walmart*** 12:00 PM Football Sundays Tailgate in Belmont Theater (BT) 2:00 PM Men's Group Outing*** 5:30 PM Christ Church Episcopal Cathedral on Broadway*** 7:00 PM Grand Ole Opry Show on TV+ (Ch. 4)	10:00 AM Shopping at Publix*** 10:30 AM Tech Time with Molly (AC) 11:00 AM Flower Arranging (WEC) 1:00 PM Bridge Club (Barstro Market) 1:00 PM Mahjong (DK) 1:00 PM Visit from Therapy Dog Shooter 2:00 PM Duck Bingo (WEC) 3:00 PM Tai Chi with Peter (CF) 4:00 PM Social Hour (B)	9:30 AM Macrame for Beginners (WEC) 10:30 AM Grey Matters Brain Games: Wordle (WEC) 10:45 AM Chair Yoga with PJ (CF) 11:00 AM Food & Beverage Committee (DK) 12:30 PM Hand and Foot Canasta (DK) 1:00 PM Gentle Barre Flow (CF) 2:00 PM Tea Time with Tiffany (M) 3:00 PM Grey Matters Brain Games: Group Crosswords (AC) 3:30 PM Club Bingo (D) 4:00 PM Social Hour (B) 8:00 PM Midsomer Murders (Ch. 4)	9:30 AM Gardening Club (CY) 10:00 AM Shopping at Green Hills Kroger*** 10:30 AM Grey Matters Brain Games: Bananagrams (AC) 1:00 PM Body Balance & Strength with PJ (CF) 1:00 PM Series Watch Party: Yellowstone (BT) 2:00 PM Sequence (B) 4:00 PM Wine Down Wednesday: Mac Gaoe (B) 5:00 PM Murder Mystery Dinner in Peabody Dining (P)	9:00 AM Walking Group (CY) 9:30 AM Fall Incense (WEC) 10:30 AM Grey Matters Brain Games: Wordle (WEC) 11:15 AM Rummikub (Barstro Market) 12:30 PM Visit from Therapy Dog Sydney 1:00 PM Chair Line Dancing (CF) 1:30 PM Dancing with the Stars Watch Party (BT) 1:30 PM Support Group Led by Arosa Care (D) 2:00 PM Group Puzzles (AC) 3:00 PM Bible Study with Pastor Adam (D) 4:00 PM Social Hour (B) 8:00 PM Midsomer Murders (Ch. 4)	10:00 AM Grey Matters Brain Game: Bananagrams (AC) 10:45 AM Chair Yoga with PJ (CF) 11:15 AM Communion with Cathedral of the Incarnation (DK) 11:15 AM 3rd & Lindsley-Weekly Radio Show*** 1:00 PM Mahjong (DK) 3:00 PM Group Crosswords (AC) 3:30 PM Club Bingo (D) 4:00 PM Social Hour (B) 4:15 PM Resident Birthday Party and Karaoke! (B)	Halloween 10:00 AM Group Crosswords (AC) 10:45 AM Body Balance and Strength with PJ (CF) 11:00 AM Board Games-Sequence, Boggle, Sorry, Yahtzee, etc. (AC) 12:30 PM Trick or Treat at CWE (WD) 1:00 PM Open Studio: Canvas Paintings, Air Dry Clay, etc (WEC) 1:00 PM Rummikub (Barstro Market) 1:30 PM Trick or Treating! (WD) 2:00 PM Good News of the Week (WEC) 2:30 PM College Football Saturdays! (BT) 3:00 PM Hallway Bowling (2nd Fl. Hall-AC) 8:00 PM The Little Shop of Horrors (Ch. 4)



Calendar Legend:

AC: Acklen Corner (fl. 2)
 B: Barstro (fl. 1)
 BT: Belmont Theater (fl. 1)
 CFS: Commodore Fitness Strength (fl. 1)
 CF: Core Fitness (fl. 2)
 CY: Courtyard (fl. 1)

D: Davidson (fl. 5)
 DK: Davidson Kitchen (fl. 5)
 L: Lobby (fl. 1)
 MS: Magnolia Suites (fl. 1)
 M: Mockingbird Dining (fl. 1)
 PDR: Private Dining Room (fl. 1)
 P: Peabody Dining (fl. 1)

T: 3rd floor Terrace (fl. 3)
 WEC: West End Creative (fl. 2)
 WD: Welcome Desk (fl. 1)
 Blue: Outing
 Pink: Committee Meeting
 ***: Sign-up Required