

SUN	MON	TUE	WED	THUR	FRI	SAT							
		9:30 AM Button Keychains (WEC) 10:30 AM Wordle (WEC) 10:45 AM Chair Yoga with PJ (CF) 11:00 AM Activities Committee (D) 12:30 PM Hand and Foot Canasta (DK) 1:00 PM Gentle Barre Flow (CF) 2:00 PM Tea Time with Tiffany (M) 3:00 PM Group Crosswords (AC) 3:30 PM Club Bingo (D) 4:00 PM Social Hour (B) 4:15 PM Trivia Tuesdays (B)	1	9:30 AM Gardening Club (CY) 10:00 AM Shopping at Green Hills Kroger*** 10:30 AM Good News of the Week (Barstro Market) 1:00 PM Body Balance & Strength with PJ (CF) 1:00 PM Series Watch Party: Yellowstone (BT) 2:00 PM Uno - No Mercy Edition (B) 3:00 PM Clarendale Women's Group: TED Talk and Discussion- The Simple Cure for Loneliness (D) 4:00 PM Wine Down Wednesday: Presented by Music for Seniors	2	9:00 AM Walking Group (CY) 9:30 AM Create Your Own Tea Blend Workshop (WEC) 10:30 AM Wordle (WEC) 11:15 AM Rummikub (Barstro Market) 1:00 PM Chair Line Dancing (CF) 1:30 PM Dancing with the Stars Watch Party (BT) 2:00 PM Group Puzzles (AC) 3:00 PM Bible Study with Pastor Adam (D) 4:00 PM Grand Cru Food and Wine Pairing (B)	3	10:00 AM Word Game: Bananagrams (AC) 10:45 AM Chair Yoga with PJ (CF) 11:00 AM Communion with Cathedral of the Incarnation (DK) 11:15 AM 3rd & Lindsley-Weekly Radio Show*** 12:30 PM Visit from Therapy Dog Sydney 1:00 PM Mahjong (DK) 2:00 PM Senior Strength with Seth (CFS) 3:00 PM Group Crosswords (AC) 3:30 PM Club Bingo (D) 4:00 PM Social Hour (B)	4	10:00 AM Group Crosswords (AC) 10:45 AM Body Balance and Strength with PJ (CF) 11:00 AM Free Play Games-Card Games, Board Games, etc (Barstro Market) 1:00 PM Open Studio: Canvas Paintings, Air Dry Clay, etc (WEC) 1:00 PM Rummikub (Barstro Market) 2:00 PM Singo - Musical Bingo (AC) 3:00 PM - Hallway Bowling (2nd Fl. Hall-AC)	5		
9:30 AM Sunday Service on TV+ Ch. 4 (Ch. 4) 10:00 AM Tai Chi on TV+ (Ch. 4) 10:30 AM Shopping at Target*** 12:30 PM Football Sundays in Belmont Theater (BT) 3:00 PM Clarendale Men's Group (D) 5:30 PM Christ Church Episcopal Cathedral on Broadway*** 7:00 PM Grand Ole Opry Show on TV+ (Ch. 4)	6	Labor Day 9:00 AM Gym 101 with Seth (CFS) 10:00 AM Shopping at Publix*** 10:30 AM Tech Time with Molly (AC) 11:00 AM Flower Arranging (WEC) 1:00 PM Bridge Club (Barstro Market) 1:00 PM Mahjong (DK) 1:00 PM Visit from Therapy Dog Shooter 2:00 PM Duck Bingo (WEC) 3:00 PM Tai Chi with Peter (CF) 4:00 PM Social Hour (B)	7	9:30 AM Botanical Painting Series: Fall Mums (WEC) 10:30 AM Wordle (WEC) 10:45 AM Chair Yoga with PJ (CF) 11:00 AM Resident Council (PDR) 12:30 PM Hand and Foot Canasta (DK) 1:00 PM Gentle Barre Flow (CF) 2:00 PM Tea Time with Tiffany (M) 3:00 PM Group Crosswords (AC) 3:30 PM Club Bingo (D) 4:00 PM Social Hour (B)	8	9:30 AM Gardening Club (CY) 10:00 AM Shopping at Green Hills Kroger*** 10:30 AM Good News of the Week (Barstro Market) 11:00 AM Philosophy Discussion with Dr. Mackenzie Groff: Laughter, Friendship, & the Good Life (AC) 1:00 PM Body Balance & Strength with PJ (CF) 1:00 PM Series Watch Party: Yellowstone (BT) 2:00 PM Sequence (B) 3:00 PM Clarendale Women's Group: Lip Gloss Making Lab (D) 4:00 PM Wine Down Wednesday: Presented by Music for Seniors	9	9:00 AM Walking Group (CY) 9:30 AM Botanical Painting Series: Fall Mums (WEC) 10:30 AM Wordle (WEC) 11:15 AM Rummikub (Barstro Market) 1:00 PM Chair Line Dancing (CF) 1:30 PM Dancing with the Stars Watch Party (BT) 2:00 PM Group Puzzles (AC) 3:00 PM Bible Study with Pastor Adam (D) 4:00 PM Social Hour (B)	10	Rosh Hashanah 10:00 AM Word Game: Bananagrams (AC) 10:45 AM Chair Yoga with PJ (CF) 11:00 AM Communion with Cathedral of the Incarnation (DK) 12:30 PM Visit from Therapy Dog Sydney 1:00 PM Mahjong (DK) 2:00 PM Senior Strength with Seth (CFS) 3:00 PM Group Crosswords (AC) 3:30 PM Club Bingo (D) 4:00 PM Social Hour (B)	11	10:00 AM Group Crosswords (AC) 10:45 AM Body Balance and Strength with PJ (CF) 11:00 AM Free Play Games-Card Games, Board Games, etc (Barstro Market) 1:00 PM Open Studio: Canvas Paintings, Air Dry Clay, etc (WEC) 1:00 PM Rummikub (Barstro Market) 2:00 PM Singo - Musical Bingo (AC) 3:00 PM Hallway Bowling (2nd Fl. Hall-AC)	12
Rosh Hashanah Ends 9:30 AM Sunday Service on TV+ Ch. 4 (Ch. 4) 10:00 AM Tai Chi on TV+ (Ch. 4) 10:30 AM Shopping at Walmart*** 12:30 PM Football Sundays in Belmont Theater (BT) 3:00 PM Clarendale Men's Group (D) 5:30 PM Christ Church Episcopal Cathedral on Broadway*** 7:00 PM Grand Ole Opry Show on TV+ (Ch. 4)	13	10:00 AM Shopping at Publix*** 10:00 AM Tech Class: Smart Phone Basics (D) 10:30 AM Tech Time with Molly (AC) 11:00 AM Flower Arranging (WEC) 1:00 PM Bridge Club (Barstro Market) 1:00 PM Mahjong (DK) 1:00 PM Visit from Therapy Dog Sydney 2:00 PM Duck Bingo (WEC) 3:00 PM Tai Chi with Peter (CF) 4:00 PM Social Hour (B)	14	9:30 AM Pipe Cleaner Dog Portraits (WEC) 10:30 AM Wordle (WEC) 10:45 AM Chair Yoga with PJ (CF) 11:00 AM Welcoming Committee (D) 11:30 AM Lunch and Learn: Exploring Neuropathy with Dr. Sweeny (BT) 12:30 PM Hand and Foot Canasta (DK) 1:00 PM Gentle Barre Flow (CF) 2:00 PM Tea Time with Tiffany (M) 3:00 PM Group Crosswords (AC) 3:30 PM Club Bingo (D) 4:00 PM Social Hour (B) 4:15 PM Trivia Tuesdays (B)	15	9:30 AM Gardening Club (CY) 10:00 AM Shopping at Green Hills Kroger*** 10:30 AM Good News of the Week (Barstro Market) 11:00 AM New Resident Orientation (D) 12:00 PM Webinar with Senior Provisions: Financial Strategies (D) 1:00 PM Body Balance & Strength with PJ (CF) 1:00 PM Series Watch Party: Yellowstone (BT) 2:00 PM Uno - No Mercy Edition (B) 3:00 PM Clarendale Women's Group: Bits of 1980s TV Shows with Ruth Ann Melzer (D) 4:00 PM Wine Down Wednesday: Clarendale Comedy Club Edition with Comedian Jeff Love (B)	16	9:00 AM Walking Group (CY) 9:30 AM Personalized Coffee Mugs (WEC) 10:30 AM Wordle (WEC) 11:15 AM Rummikub (Barstro Market) 1:00 PM Chair Line Dancing (CF) 1:30 PM Dancing with the Stars Watch Party (BT) 2:00 PM Group Puzzles (AC) 3:00 PM Bible Study with Pastor Adam (D) 4:00 PM Social Hour (B)	17	10:00 AM Word Game: Bananagrams (AC) 10:45 AM Chair Yoga with PJ (CF) 11:00 AM Communion with Cathedral of the Incarnation (DK) 11:15 AM 3rd & Lindsley-Weekly Radio Show*** 12:30 PM Visit from Therapy Dog Sydney 1:00 PM Mahjong (DK) 2:00 PM Senior Strength with Seth (CFS) 3:00 PM Group Crosswords (AC) 3:30 PM Club Bingo (D) 4:00 PM Social Hour (B) 4:30 PM Shabbat with Jewish Family Services (DK)	18	10:00 AM Group Crosswords (AC) 10:45 AM Body Balance and Strength with PJ (CF) 11:00 AM Free Play Games-Card Games, Board Games, etc (Barstro Market) 1:00 PM Open Studio: Canvas Paintings, Air Dry Clay, etc (WEC) 1:00 PM Rummikub (Barstro Market) 2:00 PM Singo - Musical Bingo (AC) 3:00 PM Hallway Bowling (2nd Fl. Hall-AC)	19



Calendar Legend:
AC: Acklen Corner (fl. 2)
B: Barstro (fl. 1)
BT: Belmont Theater (fl. 3)
CFS: Commodore Fitness Strength (fl. 1)
CF: Core Fitness (fl.2)
CY: Courtyard (fl. 1)

D: Davidson (fl. 5)
DK: Davidson Kitchen (fl. 5)
H: Hermitage Private Dining (fl. 1)
L: Lobby (fl. L)
MS: Magnolia Suites (fl.1)
M: Mockingbird Dining (fl. 1)
PDR: Private Dining Room (fl.1)
P: Peabody Dining (fl. 1)

T: 3rd floor Terrace(fl. 3)
WEC: West End Creative (fl. 2)
WD:Welcome Desk (fl. L)
Blue: Outing
Pink: Committee Meeting
*****:**Sign-up Required

SUN	MON	TUE	WED	THUR	FRI	SAT
Yom Kippur Begins 9:30 AM Sunday Service on TV+ Ch. 4 (Ch. 4) 10:00 AM Tai Chi on TV+ (Ch. 4) 10:30 AM Shopping at Target*** 12:30 PM Football Sundays in Belmont Theater (BT) 3:00 PM Clarendale Men's Group (D) 5:30 PM Christ Church Episcopal Cathedral on Broadway*** 7:00 PM Grand Ole Opry Show on TV+ (Ch. 4)	Yom Kippur Ends 10:00 AM Shopping at Publix*** 10:30 AM Tech Time with Molly (AC) 11:00 AM Flower Arranging (WEC) 1:00 PM Bridge Club (Barstro Market) 1:00 PM Mahjong (DK) 1:00 PM Visit from Therapy Dog Shooter 2:00 PM Duck Bingo (WEC) 3:00 PM Tai Chi with Peter (CF) 4:00 PM Social Hour (B) 5:00 PM Sip & Share (D)	10:30 AM Wordle (WEC) 10:45 AM Chair Yoga with PJ (CF) 11:00 AM Food & Beverage Committee (DK) 12:30 PM Hand and Foot Canasta (DK) 1:00 PM Gentle Barre Flow (CF) 2:00 PM Tea Time with Tiffany (M) 3:00 PM Book Club (DK) 3:00 PM Group Crosswords (AC) 3:30 PM Club Bingo (D) 4:00 PM Courtyard Cocktail Hour (CY) 5:00 PM Sunset on Summer Dinner (M)	9:30 AM Gardening Club (CY) 10:00 AM Shopping at Green Hills Kroger*** 10:30 AM Good News of the Week (Barstro Market) 1:00 PM Body Balance & Strength with PJ (CF) 1:00 PM Series Watch Party: Yellowstone (BT) 2:00 PM Sequence (B) 3:00 PM Clarendale Women's Group: Putt and Prosecco with Belmont Golf Coach Daniel DeLuca (CY) 4:00 PM Wine Down Wednesday: Easton Shane (B)	9:00 AM Walking Group (CY) 9:30 AM Greeting Card Making (WEC) 10:30 AM Wordle (WEC) 11:15 AM Rummikub (Barstro Market) 1:00 PM Chair Line Dancing (CF) 1:30 PM Dancing with the Stars Watch Party (BT) 1:30 PM Grief Through Loss Discussion with Arosa Care (D) 2:00 PM Group Puzzles (AC) 3:00 PM Bible Study with Pastor Adam (D) 4:00 PM Social Hour (B)	10:00 AM Word Game: Bananagrams (AC) 10:45 AM Chair Yoga with PJ (CF) 11:00 AM Communion with Cathedral of the Incarnation (DK) 11:15 AM Library Outing*** 12:30 PM Visit from Therapy Dog Sydney 1:00 PM Mahjong (DK) 2:00 PM Senior Strength with Seth (CFS) 3:00 PM Group Crosswords (AC) 3:30 PM Club Bingo (D) 4:00 PM Social Hour (B) 4:15 PM Resident Birthday Party and Karaoke! (B)	10:00 AM Group Crosswords (AC) 10:45 AM Body Balance and Strength with PJ (CF) 11:00 AM Free Play Games-Card Games, Board Games, etc (Barstro Market) 1:00 PM Open Studio: Canvas Paintings, Air Dry Clay, etc (WEC) 1:00 PM Rummikub (Barstro Market) 2:00 PM Singo-Musical Bingo(AC) 3:00 PM Hallway Bowling (2nd Fl. Hall-AC)
9:30 AM Sunday Service on TV+ Ch. 4 (Ch. 4) 10:00 AM Tai Chi on TV+ (Ch. 4) 10:30 AM Shopping at Walmart*** 12:30 PM Football Sundays in Belmont Theater (BT) 2:00 PM Men's Group Outing*** 7:00 PM Grand Ole Opry Show on TV+ (Ch. 4)	10:00 AM Shopping at Publix*** 10:30 AM Tech Time with Molly (AC) 11:00 AM Flower Arranging (WEC) 12:30 PM Women's Group Outing: Brushfire Pottery*** 1:00 PM Bridge Club (Barstro Market) 1:00 PM Mahjong (DK) 1:00 PM Visit from Therapy Dog Shooter 2:00 PM Duck Bingo (WEC) 3:00 PM Tai Chi with Peter (CF) 4:00 PM Social Hour (B) 4:15 PM Mystery Monday (B)	9:30 AM Fall Wreath Making (WEC) 10:30 AM Wordle (WEC) 10:45 AM Chair Yoga with PJ (CF) 12:30 PM Hand and Foot Canasta (DK) 1:00 PM Gentle Barre Flow (CF) 2:00 PM Tea Time with Tiffany (M) 3:00 PM Group Crosswords (AC) 3:30 PM Club Bingo (D) 4:00 PM Social Hour (B)	8:45 AM Veteran's Breakfast Meetup (M) 9:30 AM Gardening Club (CY) 10:00 AM Shopping at Green Hills Kroger*** 10:30 AM Good News of the Week (Barstro Market) 1:00 PM Body Balance & Strength with PJ (CF) 1:00 PM Series Watch Party: Yellowstone (BT) 3:00 PM Clarendale Women's Group: Favorite Recipes and Kitchen Memories (DK) 4:00 PM Wine Down Wednesday: Presented by Music for Seniors			



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